



WELCOME. THIS IS A...



HAPPY CAFÉ

PART OF THE HAPPY CAFÉ NETWORK

A Happy Café is one which has agreed to be part of the Happy Café Network, which is being set up by members of the Action for Happiness movement. Happy Cafés provide a warm welcome for anyone interested in happiness and wellbeing, encouraging people to meet together for a drink and friendly chat.

Your local Happy Café brought to you by the Wiltshire Mental Health Inclusion Service.....

Wiltshire
Mental Health
Inclusion Service

Rethink
Mental
Illness.

AMESBURY

The Bell (13-15 Salisbury St)

Every Tuesday (1:30-3pm)

(contact: Emma - Tel: 07436 036843)

CHIPPENHAM

Wetherspoons (The Bridge House)

Every Tuesday (2-3:30pm)

(contact: David - Tel: 07483 913159)

CORSHAM

Dandelion Coffee House (Portal Avenue)

Every Friday (10-11:30am)

(contact: David - Tel: 07483 913159)

MARLBOROUGH

Mustard Seed Book & Coffeshop (Hillier's Yd)

Every Thursday (10:30am-12pm)

(contact: Emma - Tel: 07436 036843)

MELKSHAM

Wetherspoons (The Bear)

Every Wednesday (1:15-2:45pm)

(contact: Stacey - Tel: 07570 920363)

ROYAL WOOTTON BASSETT

Dandelion Gifts & Coffee Shop (49 High St)

Fortnightly Thursday (2-3:30pm)

(contact: David - Tel: 07483 913159)

SALISBURY

Salisbury Playhouse Café (Malthouse Ln)

Every Wednesday (2-3:30pm)

(contact: Jackie - Tel: 07467 291091)

TROWBRIDGE

Valeroso Lounge (St Stephens Pl)

Every Wednesday (12-1:30pm)

(contact: Rachael - Tel: 07467 470967)

Find WMHIS online at:  rethink.org/WiltsMHIS  @WiltshireMHIS  @wiltshire_mhis

ACTION FOR HAPPINESS

www.actionforhappiness.org