

Re-engage

Re-engage provides vital, life-enhancing social connections for older people at a time in their lives when their social circles are diminishing.

Get a call companion

A regular phone call from one of our friendly volunteers can do wonders for your spirits

Because a good chat means the world

Call companions is a free service for older people who are lonely, isolated or in need of companionship and feel they would enjoy a friendly phone call every week or two.

Whatever you chat about, it will help lift your spirits; make you feel whole again and more connected to the world.

"Best thing I've ever done. I absolutely love our chats!"

Freephone:

[0800 716543](tel:0800716543)

Office phone:

[020 7240 0630](tel:02072400630)